



4th Grade Newsletter

Miss Christensen, Mrs. Meyer, Mrs. Timm

Week of:
January 20th

Upcoming Events:

- Jan. 28th-100th Day of School
- Feb. 10th-10am Late Start
- Feb. 11th-No School
- P/T Conferences
- Feb. 21st-No School
- March 5th-1:15 Dismissal
- March 6th-No School

Reminders:

- Please practice multiplication facts and review coin names and values with your child.
- Have your child read to you each night (newspaper, signs, magazines).
- FRIDAYS are green and gold days! Have your student show their Bison pride by wearing their school colors.
- Make sure your child is bringing a winter coat, hat, and gloves to school.
- Bring Box Tops!

Quote:

"Darkness cannot drive out darkness: Only light can do that. Hate cannot drive out hate: Only love can do that."
-Martin Luther King Jr.

Science

We will finish our mystery and discussion about how we can save a town from a hurricane. We will have a test over our mystery science lessons on Wednesday. There will be a study guide with the information that will be covered on the test.

Language Arts

We continue to form complex sentences from simple sentences as well as look into compound words and onomatopoeia. In writing we will continue working to use the 5 W's and 1 H in journal writing.

Social Studies

We will take time to explore Lewis and Clark's journey to discover the importance of the Louisiana Purchase.

Reading

Weinman: We will continue reading 'The Cruise of the Dazzler' as well as practicing our fluency in class. Vocabulary words to review are: puny, marred, loot, spunk, harsh, naval, hailed, stirred, principal, and gale.

Timm: We will continue reading *The Miraculous Pitcher* this week. Please keep practicing your child's six minute solution passage at home. Vocabulary words: miraculous, hospitality, fertile, staff, toil, shrewd, witty, nimble, abundant, inhabitant

Meyer: We are continuing to read 'Sara Crewe.' We are also working on types of figurative language (similes) vs accurate language. Vocab: vague, parcel, devoted, drab, suitable, and agitated.

Hiebner: We will continue in our new curriculum as we work on decoding words and improving fluency.

Math

We will finish Chapter 7 the beginning of this week and work to have a test Wednesday or Thursday. We will then begin Chapter 8 starting with reviewing factors and multiples and then move into working with fractions.

Parent Tips: Nutrition

Here are some strategies to improve nutrition and encourage smart eating habits: 1) Have regular family meals 2) Serve a variety of healthy foods and snacks 3) Be a role model by eating healthy yourself 4) Avoid battles over food 5) Involve kids in the process.

Sure, eating well can be hard — family schedules are hectic and grab-and-go convenience food is readily available. But these tips can help make all five strategies part of your busy household.

Family Meal: It is a comforting ritual for both parents and kids. Children like the predictability of family meals and parents get a chance to catch up with their kids. Kids who take part in regular family meals are also:

more likely to eat fruits, vegetables, and grains, less likely to snack on unhealthy foods, less likely to smoke, use drugs, or drink alcohol. Also, family meals are a chance for parents to introduce kids to new foods and to be role models for healthy eating.

You might also try these tips:

-Allow kids to invite a friend to dinner.

-Involve your child in meal planning and preparation.

-Keep mealtime calm and friendly — no lectures or arguing.

What counts as a family meal? Whenever you and your family eat together — whether it's takeout food or a home-cooked meal with all the trimmings. Strive for nutritious food and a time when everyone can be there. This may mean eating dinner a little later to accommodate a child who's at sports practice. It also can mean setting aside time on the weekends when it may be more convenient to gather as a group, such as for Sunday brunch.

Source: <http://kidshealth.org/en/parents/habits.html#>

4th Grade MAP Testing Schedule

Jan. 21st-Math @10:10-11:10

Jan. 23rd-Reading @12:05-1:35

Jan. 29th-Language Arts @12:05-1:35

Jan. 30th-Science @8:15-9:15

Mission Statement

The mission of Central City Public Schools is to educate, challenge, and prepare students with lifelong skills for the world around them.